

GUIDANCE AND INFORMATION RESOURCES

What are Guidance and Information Resources?

There are several free online guidance and information resources that can support you to explore your options. Knowing where to search for information can be a useful starting point when considering your education, training and career options. There is a lot of information online but below are a few websites that we find very useful.

It is important to note that this is not an exhaustive list but an example of what is on offer.

Further Education and Training (FET)

Further Education and Training or FET, offers a wide variety of life-long education options to anyone over 16. FET includes apprenticeships, traineeships, Post Leaving Cert (PLC) courses, community and adult education as well as core literacy and numeracy services. FET courses are provided at levels one to six on the National Framework of Qualifications (NFQ).

www.apprenticeship.ie	Information and advice on traditional and new generation apprenticeships
www.careersportal.ie	FET course information
www.ecollege.ie	Free online courses
www.fetchcourses.ie	FET Course Search Engine
www.msletb.ie	Information on MSLETB courses and supports
www.nala.ie	Information and supports for people who wish to improve their literacy
www.onestepup.ie	Signposting site for FET courses and support services
www.qualifax.ie	Information and supports for FET
www.thisisfet.ie	Information about FET
www.traineeship.ie	Information on traineeships

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Higher Education

The higher education system in Ireland consists of the university sector, institutes of technology and private independent colleges. Higher Education courses are provided at levels six to ten on the National Framework of Qualifications (NFQ).

www.cao.ie	Undergraduate Online Application Process
www.careersportal.ie	Higher Education course information
www.qualifax.ie	Information and supports for Higher Education
www.springboardcourses.ie	Free part-time higher education courses

Graduates

The Careers Service in Higher Education Institutes can offer graduates a range of supports such as progression routes, graduate fairs, events and graduate employment opportunities.

www.careersportal.ie	Information on postgraduate study, careers and the world of work
www.gradireland.com	Information on postgraduate courses, careers, events and graduate employment opportunities
www.postgrad.ie	Search for postgraduate courses
www.qualifax.ie	Information and supports for graduates

Students with Disabilities

There are several supports in place to encourage full access to, and participation in, further and higher education for students with disabilities.

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www.careersportal.ie	Differing Abilities Section – Information and advice for people with a disability or special educational need
www.nln.ie	Flexible tailored courses with additional supports
www.ahead.ie	Information for students and graduates with disabilities
www.ahead.ie/wamgraduates	Paid work placements for graduates with disabilities

Career Exploration

Getting to know yourself is an important part of career development. Free online assessments offer you an opportunity to assess your career interest area and your career skills. You can identify what motivates you, explore your personality and your career values. Building your self-awareness will help you to make informed career decisions.

www.careersportal.ie	Free online self-assessment tools and information on career sectors and profiles
www.qualifax.ie	Career interest questionnaire
www.skillssummary.ie	Access your career skills
www.volunteer.ie	Information on volunteering opportunities

Specific Areas of Interest

There are a variety of websites online that offer specific information on a career sector or career area.

www.activelink.ie	Irish Community & Non-profit Organisations
www.bim.ie	Bord Iascaigh Mhara – Fisheries

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www.biopharmachemireland.ie	Biopharma and Chemical sectors
www.cipd.ie	Human Resource & Development
www.coillte.ie	Forestry
www.coru.ie	Health and Social Care Professionals
www.dccoi.ie	Design and Crafts Council of Ireland
www.garda.ie	Garda
www.failteireland.ie	Tourism and Hospitality
www.iasw.ie	Irish Association of Social Workers
www.iii.ie	The Insurance Institute
www.lawsociety.ie	Law
www.military.ie	Military
www.nmbi.ie	Nursing and Midwifery Board of Ireland
www.publicjobs.ie	Civil Service Jobs
www.science.ie	Science
www.simi.ie	The Society of Irish Motor Industry of Ireland
www.smartfutures.ie	Science, Technology, Engineering & Maths
www.sportireland.ie	Sports Development & Coaching in Ireland
www.teachingcouncil.ie	Teaching in Ireland
www.teagasc.ie	Irish Agriculture and Food Development Authority
www.steps.ie	Engineering

Financial Supports

Financial supports are available for people accessing education and training but specific eligibility criteria will apply. Therefore, it is often necessary to assess individual's financial supports on a case by case basis.

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www.careersportal.ie	Overview of financial supports, including scholarships and bursaries
www.citizensinformation.ie	Information on funding for education and training
www.revenue.ie	Tax relief for Higher Education tuition fees
www.studentfinance.ie	Funding information for further and higher education
www.susi.ie	Information and application process for student fees and grants

Useful Contacts

The following are a list of websites that offer useful education information.

www.aontas.ie	Promotes the value of adult learning
www.dyslexia.ie	Works with people affected with dyslexia
www.immigrantcouncil.ie	Promotes the rights of migrants
www.irishrefugeecouncil.ie	Services and supports for refugees in Ireland
www.qqi.ie	National Framework of Qualifications in Ireland
www.naric.ie	Advice and recognition of foreign qualifications in Ireland
www.welfare.ie	Department of Employment Affairs and Social Protection

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